

May 21, 2013

Good afternoon Dr. Crellin,

As you know I have had this back pain that radiates down my right leg and to my toes since mid March. It is strange how my symptoms started. I woke up one morning with back pain. I didn't think much about it so I continued to do what I normally do while taking some over-the-counter medications. A week later, I didn't feel any better so I sought help from my primary care physician. I took the medications that my doctor prescribed and saw a chiropractor but a few days later, my pain multiplied by 5 folds. It was so bad that I had to crawl to the living room to wait for the rescue to take me to the hospital. I followed up with my doctor and an MRI was ordered.

The MRI showed that I have herniated/bulging discs. My pain was so horrible that I couldn't move and was on medicines constantly. And the worst part is that there were not any positions that would relieve my pain. When I said my pain was horrible, I mean that it's 20 out of 10. And no, that is not a mistake. It was 20 out of 10 without the medications and 10 of 10 with medications. And I'm not new to pain. Just 3 years prior, I fell off a ladder and broke both of my patellas, had two surgeries, and was on med for almost one whole year. I was in so much pain that I actually have thoughts about the meaning of life. I was actually depressed because of the severe pain.

While I was waiting for my doctor to find me a neurosurgeon, I sought treatment from an acupuncturist. I continued to receive treatment from the acupuncturist for about two weeks but it was not much help. I didn't know what else to do so I continued to treat with the acupuncturist until one glorious day when I was driving home. I heard you on a radio station talking about Spinal Decompression Therapy and I immediately realized that I needed to call you. Unfortunately I was driving and couldn't get your phone number. The next day while I was in my car waiting to see my acupuncturist, your advertisement about Spinal Decompression Therapy was on the radio again and this time I took the number and called your office immediately. One of the best parts when I called was that your staff, whom I later on know it was Annie, gave me an appointment the next day for consultation.

After a week of treatment I noticed my pain was starting to decrease slightly. After two and a half weeks later my pain was under control with my medications. Remember what I said about my pain level? Remember that I said it as 20/10 before I started treatment with you? Only after 3 weeks of Spinal Decompression Therapy, my pain level dropped to 9/10 without medications and only 3/10 with medications.

Now, I finally was able to see a neurosurgeon. When he saw the MRI, he told me that I need a surgery to relieve my pain that is the only way. Not knowing the final outcome of the therapy, I scheduled a date for the back surgery. But now that I have had only 3 weeks of Spinal Decompression Therapy and the pain level has been drastically reduced, I cancelled my surgery date and continued the Spinal Decompression Therapy.

Today, 5 weeks from my first treatment, I can go 12 hours without taking my pain medication and the pain level is only about 3 out of 10. I know that if I continue this treatment for a little longer, I will be pain-free. Just the thought of having no pain again, excites me! I can now take short distance walks

with my family again. I am looking forward to the days when I can run and play with my children without having to take pain medicine.

Spinal Decompression Therapy is great for chronic back and neck problems. I can say with 100% certainty that it will help anyone with chronic back and neck pain and I recommend Spinal Decompression Therapy to anyone who has chronic back and neck pain. In fact, after I conclude my treatment, my wife will seek treatment through Spinal Decompression Therapy for her neck pain.

Thank you so much for all your help.

With Highest Regards,

Mike Chea